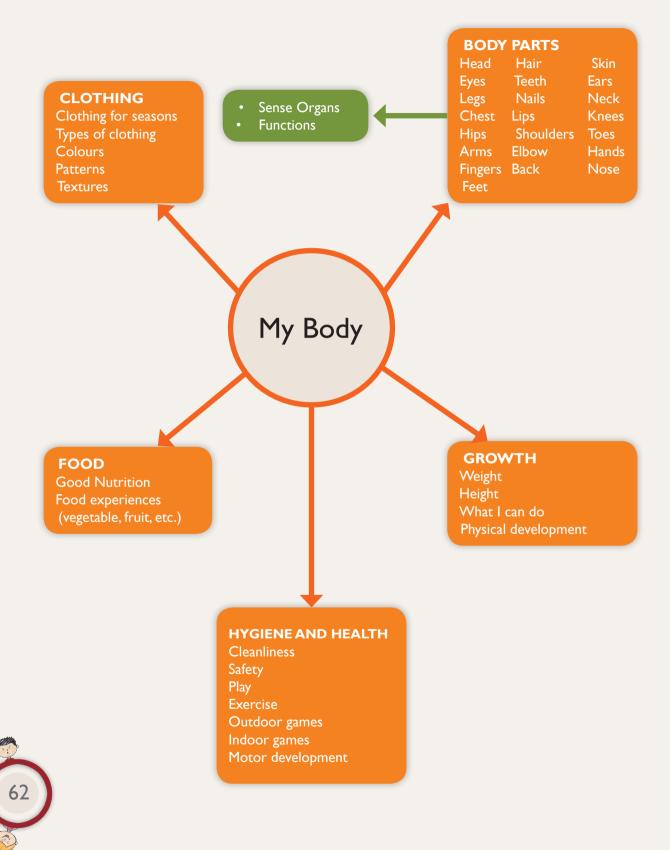
Theme: My Body



Web Plan on My Body - PS-I





Identify

- Describe the pattern
- Copy the pattern
- Extend the incomplete pattern

CLOTHING FOR MY BODY

- Pattern (dots, floral, stripes etc)
- All colours
- For different Seasons
- Texture
- Identify
- Sort/Classify different texture

FOOD

- Food good for my body
- Healthy & unhealthy food
- Different kinds of food I eat
- Awareness
- Observe good healthy practices
- Discuss
- Draw and colour body parts
- Use related vocabulary

Web Plan on My Body - EPC

- Identify and name all body parts
- Talk about their function
- Use related vocabulary words
 - Name the different colours
 - Shades of colour
 - Seriate any colour upto five levels
 i.e.(darkest to lightest)

My Five senses

 Observe and describe the functions of different senses and its functions

EXTERNAL BODY PARTS

Same as PS II and add

- Eyebrows
- Nails
- Chin
- Forehead
- Hair
- Eyelashes
- Cheeks
- Elbow
- Knee
- Ankle
- Wrist
- Thigh

My Body

HEALTH & HYGIENE

- Personal care
- Care for surroundings
- Personal safety
- Harmful objects
- Benefits of play and exercise (Indoor & Outdoor)
- Importance of fresh air

GROWTH

- My weight
- My height
- Movement-"What can I do with my body".
- Measure and compare height and weight
- How do we grow?

- Get aware
- Discuss in a group
- Observe others how they take care
- Use related vocabulary
- Observe
- Estimate
- Measure and compare height/weight
- Draw